



TOURS AROUND
SARRANCE

1

SARRANCE - BEDOUS

Very
easy

8,8km

de gare en gare
2h30*

d+ 260m
d- 215m

balisage



GÉOTRAIN
GeolVal PYRÉNÉEN

*estimation du temps de marche sans pauses

Edition 2021

RECOMMENDATIONS

You will criss-cross the valleys of Haut-Béarn. You will become familiar with a rich and delicate nature and learn about the turbulent history of the rocks, some of which are 450 million years old. The surrounding flora and fauna are the legacy of ancestral living species, sometimes frozen in the form of fossils in the rocks...



Nature will have a new friend in you! You will respect the cleanliness of the area by taking home your garbage and remembering to close the gates to protect the livestock. You should refrain from bringing your dog to the pastoral areas and make sure to keep clean the huts left open by the shepherds. Avoid taking samples from geological and botanical sites.



Choose a tour that suits your physical abilities. A hearty breakfast and a good snack will keep you safe from cravings. Drink water regularly, with an adequate reserve; Avoid water in streams that can contain germs.



Leave early to avoid the heat, protect yourself (hat, cream, sunglasses, waterproof windbreaker, warm clothes). Walking shoes are a must, and a good stick will do the trick. Refrain from provoking dogs when approaching herds. Do not start out if the weather is uncertain: beware of thunderstorms and fog in the mountains.



Don't go alone and let a loved one know (probable route and time of return). In the mountains, the mobile phone is often off-grid: stay on the marked paths. In difficult situations, know how to turn back to familiar and safe ground. The minimum documentation is the 1:25,000 IGN map but a hiking GPS loaded with maps, tracks and spare batteries is always useful.

Traces are available for download here:



USEFUL INFORMATION

MAPICN: TOP 25 1546 OT

MÉTÉO FRANCE: 32 50

Line 55 TER timetable:

EMERGENCY CALL: 112

www.ter.sncf.com/nouvelle-aquitaine



Opération soutenue par l'État
FONDS NATIONAL
D'AMÉNAGEMENT
ET DE DÉVELOPPEMENT
DU TERRITOIRE



TO BE DISCOVERED

From Sarrance station to Bedous station, take a long walk along the Camino de Santiago, along the way you will discover geological and heritage treasures.

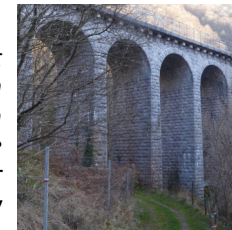
A The pebbles of the Gave d'Aspe

Under the Sarrance bridge, the pebbles of the Gave d'Aspe are the result of the erosion of rocky escarpments upstream. Transported by rivers, these rock fragments collide, are blunted and rounded.



B Le viaduc de Lescoudé

This railway structure was built at the beginning of the twentieth century with blocks of limestone from the Rocher St Nicolas (4km to the north), reinforced with lime mortar from the Lameignière quarry



C Marine fossils in the mountains

Along the trail are grey limestone rocks, formed nearly 115 million years ago in a sea that has now disappeared. This limestone contains small marine fossils, called rudists*.



D Our ancestors' lime kiln

Our ancestors made lime from fragments of limestone rock that they found nearby. It was made in ovens heated to more than 800°C, and was already used for housing, agriculture, etc.



E the reliefs of the Bedous valley

In the heart of the Bedous valley, shaped by glaciers and rivers, a few reliefs stand out. They have resisted time and erosion, and are made of a very resistant magmatic rock called ophite*, often used as railway ballast*..



* consultez le glossaire de géologie :

www.geolval.fr/index.php/geotrain/903-le-glossaire-de-geologie

TOUR DESCRIPTION

D From Sarrance station (🚂), take the road to the Pont du haut de Sarrance without crossing it (🚧), follow straight on the Camino de Santiago (Voie d'Arles) - GR65.3 (🇪🇺🇫🇷) which is first paved, leave this road on the right.

1 Before the Latapie house, continue along a path on the right bank of the Gave d'Aspe. Pass under the arches of the Lescoudé Viaduct (🚧), then take care through a succession of passages secured by low walls and handrails (🚧).

2 Merge onto the RN134 at Pontsuzon and carefully follow it to the right for 250m towards Sarrance until you reach the junction of the D241 going to Lourdios-Ichère.

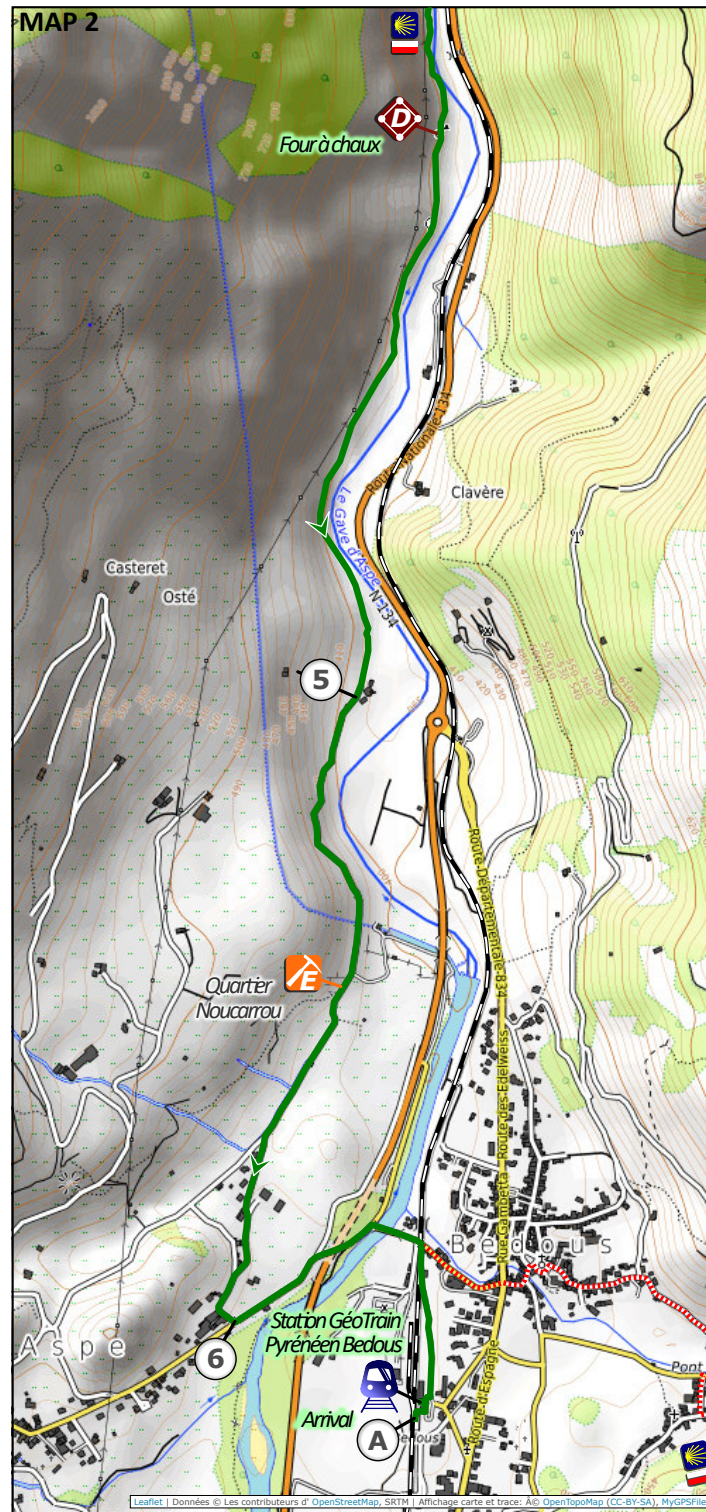
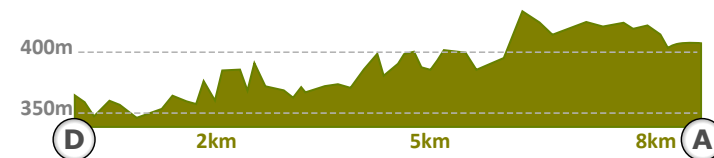
3 Turn left passing under the railway tracks, and 120m further on leave the D241, to join the left bank path 120m further.

4 A few narrow passages (🚧) overlook the Gave d'Aspe under the Pic du Layens. Finally, the view opens out to the Vallon de Bedous on the outskirts of the Portaricq Farm, which is served by a road.

5 Follow the road and toward the Noucarrou district. At the next two forks turn left until you reach the junction of the D237 toward the Osse-en-Aspe village (bus stop at the crossroads) (🚏).

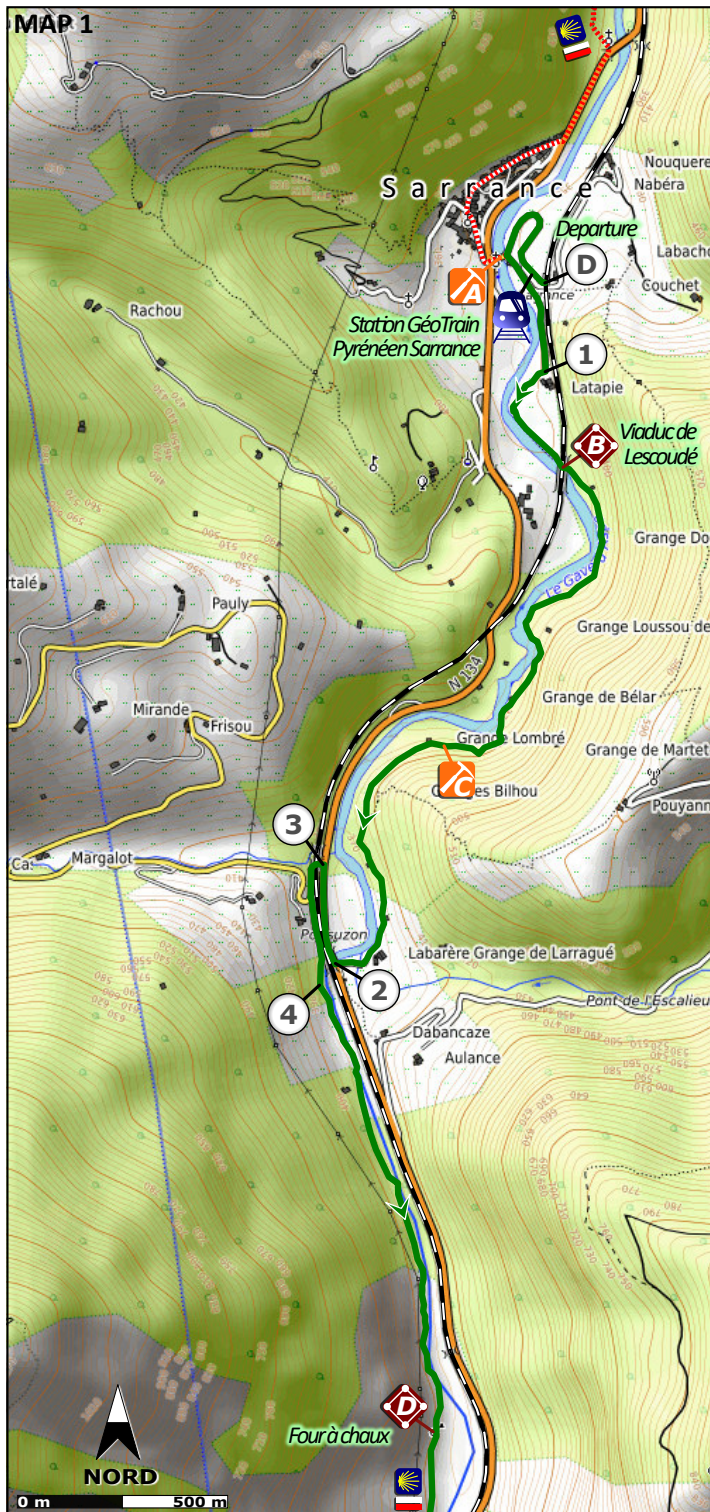
6 Take this road on the left in the direction of Bedous. On the way down, cross the Gave d'Aspe and the level crossing. Leave the Voie d'Arles (🇪🇺🇫🇷); turn right onto a pedestrian walkway leading directly to the Bedous train station (🚂).

A
Arrival
2h30



MAP 2

Leaflet | Données © Les contributeurs d'OpenStreetMap, SRTM | Affichage carte et trace: A© OpenTopoMap (CC-BY-SA), MyGPSFiles



MAP 1

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